

# 59 NORTH // ISBJÖRN SAILING

- Andy Schell & Mia Karlsson
- 50,000+ Bluewater Miles //7 Combined Atlantic Crossings
- Former Event Managers for Caribbean 1500
- Own & operate S&S Swan 48

  'Isbjorn' on offshore passages
  worldwide
- Host of 'On the Wind' sailing podcast







Summer '18 // Arctic & Iceland
Fall '18 // Portugal to Canaries
January '19 // Trans-Atlantic
Winter '19 // RORC Caribbean 600
Summer '19 // Cuba, Bermuda, Newfoundland
Early '20 // South Pacific
Dec. '20 // Sydney-Hobart Race
Spring '21 // AC36 in Auckland, NZ





# 'ON THE WIND' // 'SAILING STORIES'





**DOWNLOAD FREE ON ITUNES & WHEREVER YOU GET YOUR PODCASTS!** 



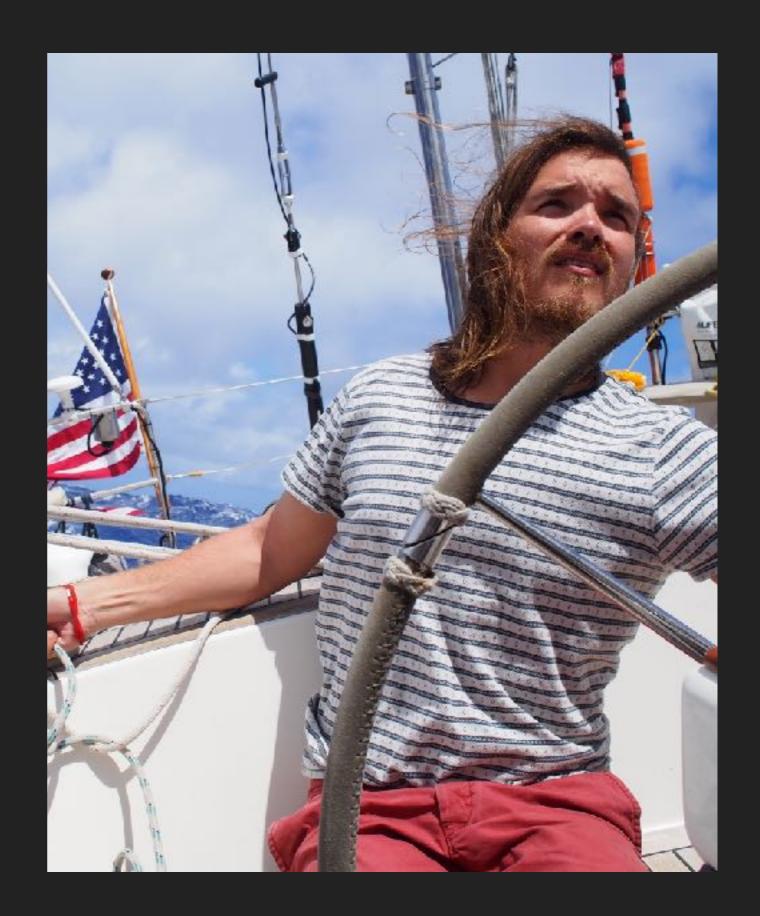
# **SESSION GOALS**

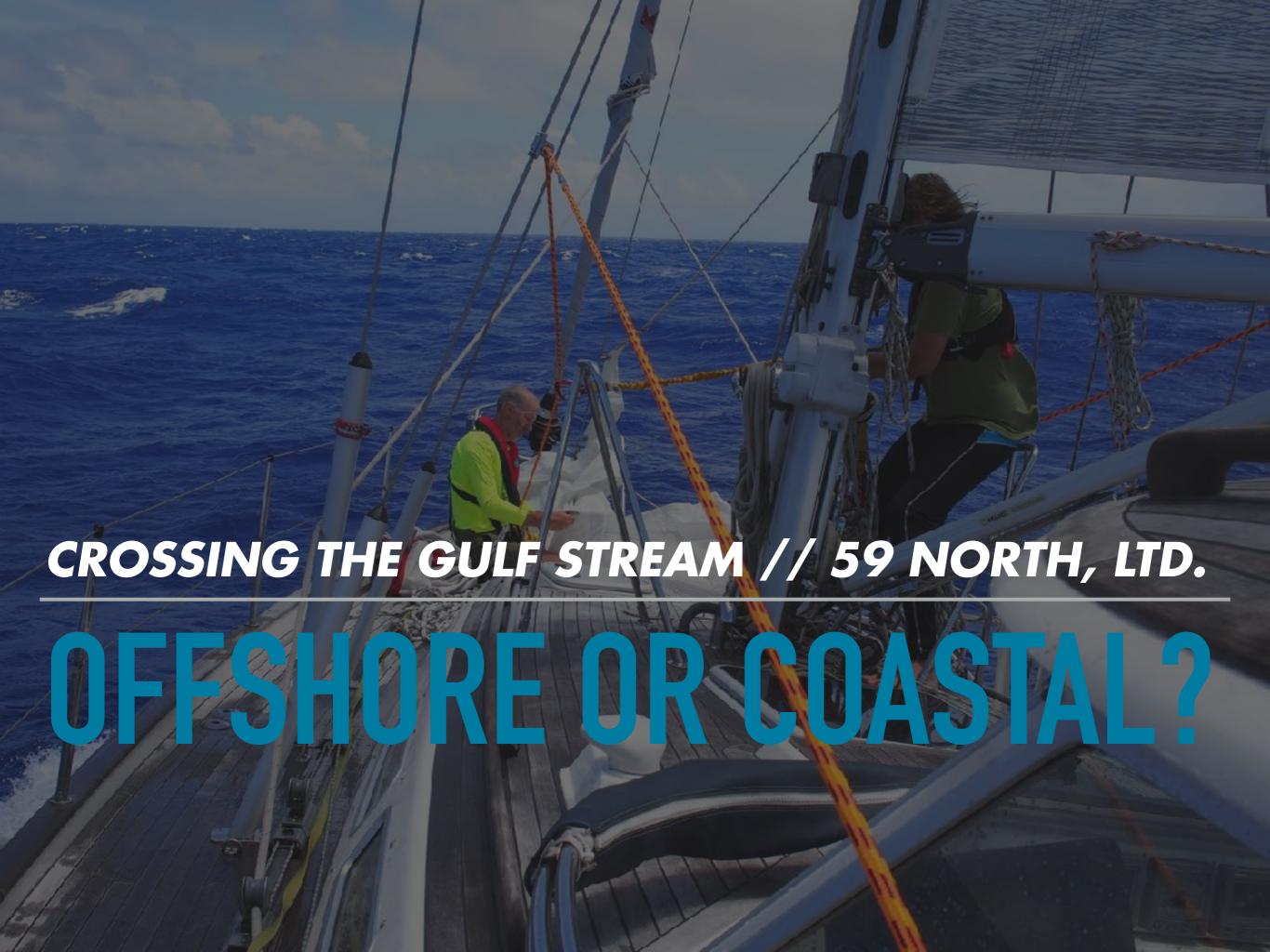
- Offshore v. Coastal Sailing in General
- Ocean Currents & the Gulf Stream Effects // What to Expect IN the Stream
- Seasickness
- Three Common Routes
- Weather
- Establishing Expectations
- Resources
- Inspire you to go sailing!



# THE OCEAN SAILOR...

- Jack of all trades, master of none...
- Must understand the fundamentals of all onboard systems
- You will become a weather forecaster!
- Outside WX help is GREAT
- Don't need to be an expert...but ultimately, YOU'RE responsible.





# "YOU CAN SAIL FOR ONE DAY, CAN'T YOU? THAT'S ALL IT IS - ONE DAY AFTER ANOTHER."

Harry Pidgeon // Solo Sailor

# OFFSHORE FUNDAMENTALS

- Keep the RIG UP
- Keep the WATER OUT....
- Keep the CREW HEALTY
- Stay 'ahead' of the weather
- Boat comes FIRST



# **OFFSHORE FUNDAMENTALS**

- Sound boat hull, rig/sails, engine, crew health
- Safety Equipment take it seriously!
  - UK/MCA Coding requirements
  - ISAF/World Sailing Racing Standards
  - World Cruising Club Rally Standards
  - Not all safety equipment is created equal! (USCG v. ISO PFDs)
- Even on short passages you will sleep better!
- Float Plan Mythology











### 59-NORTH.COM/EPIRB

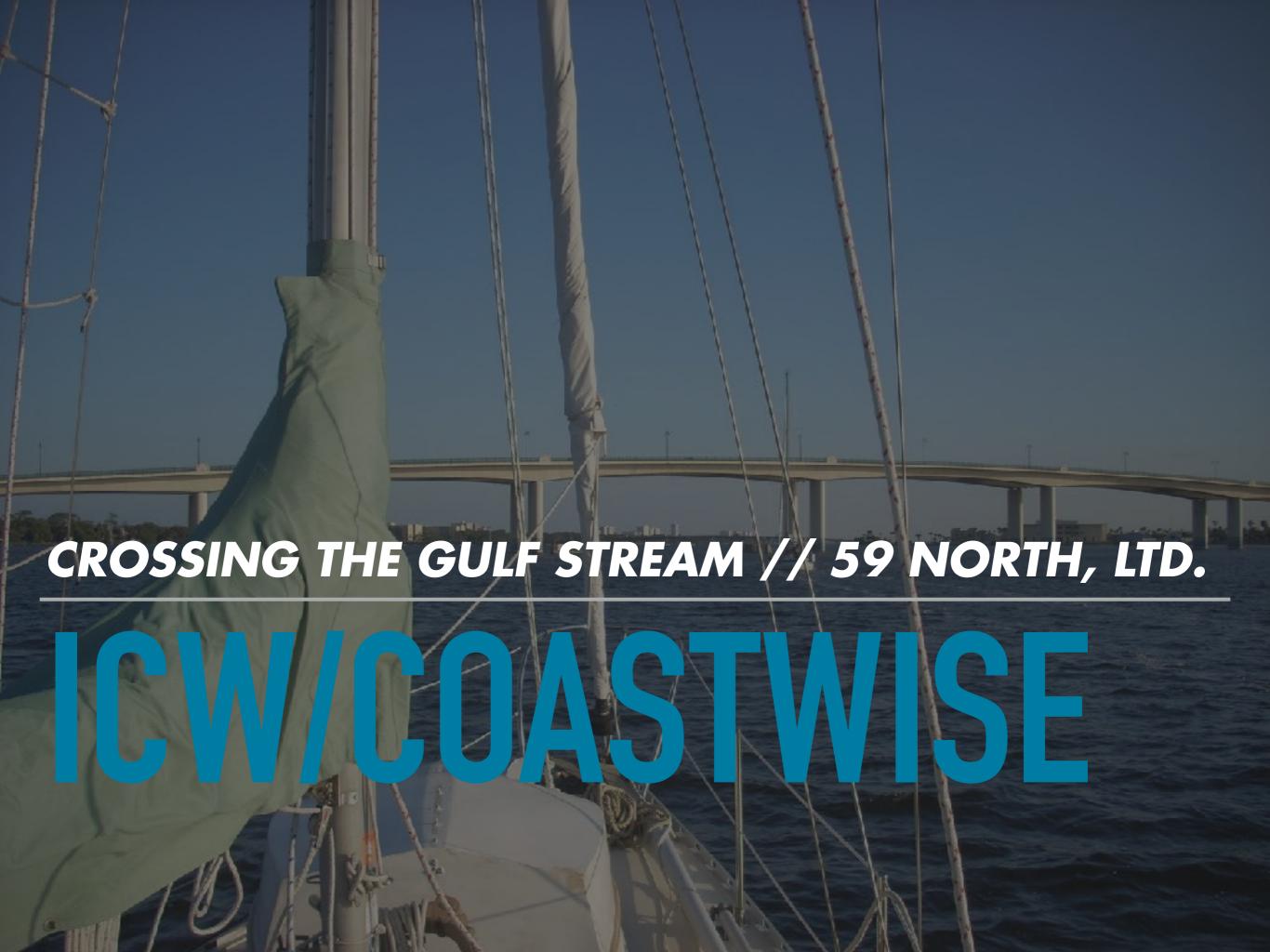
This page is meant to be for the USCG and other relevant authorities should our EPIRB onboard be activated. Pertinent information can be found below:

- Track Isbjorn in real-time via our YB Tracker on 59-north.com/tracking
- In case of emergency, contact Dennis Schell, Andy's Dad (USA cell phone), +1-610-763-2829
- Satalite phone (Iridium) number: (Will only be turned on in an emergency) +8816 3256 2126

#### Offshore Passage Schedule Summer 2017:

#### LEG 11, 2017

- Route: Stockholm Vindön, West Coast of Sweden.
- Dates: September 8 21, 2017
- Trip Specific: Costal sailing with friends from West to East Coast. Day sails in combination with a few overnight sails.
   Departure Nynäshamn to Visby, Gotland Sept 12, 6pm local time.
- Crew onboard:
- 1. Captain Andy Schell (owner) (USA)
- 2. Maria Karlsson (owner) (SWE)
- 3. Thomas Harkin (USA)
- 4. Patrick Maloney (CAN)

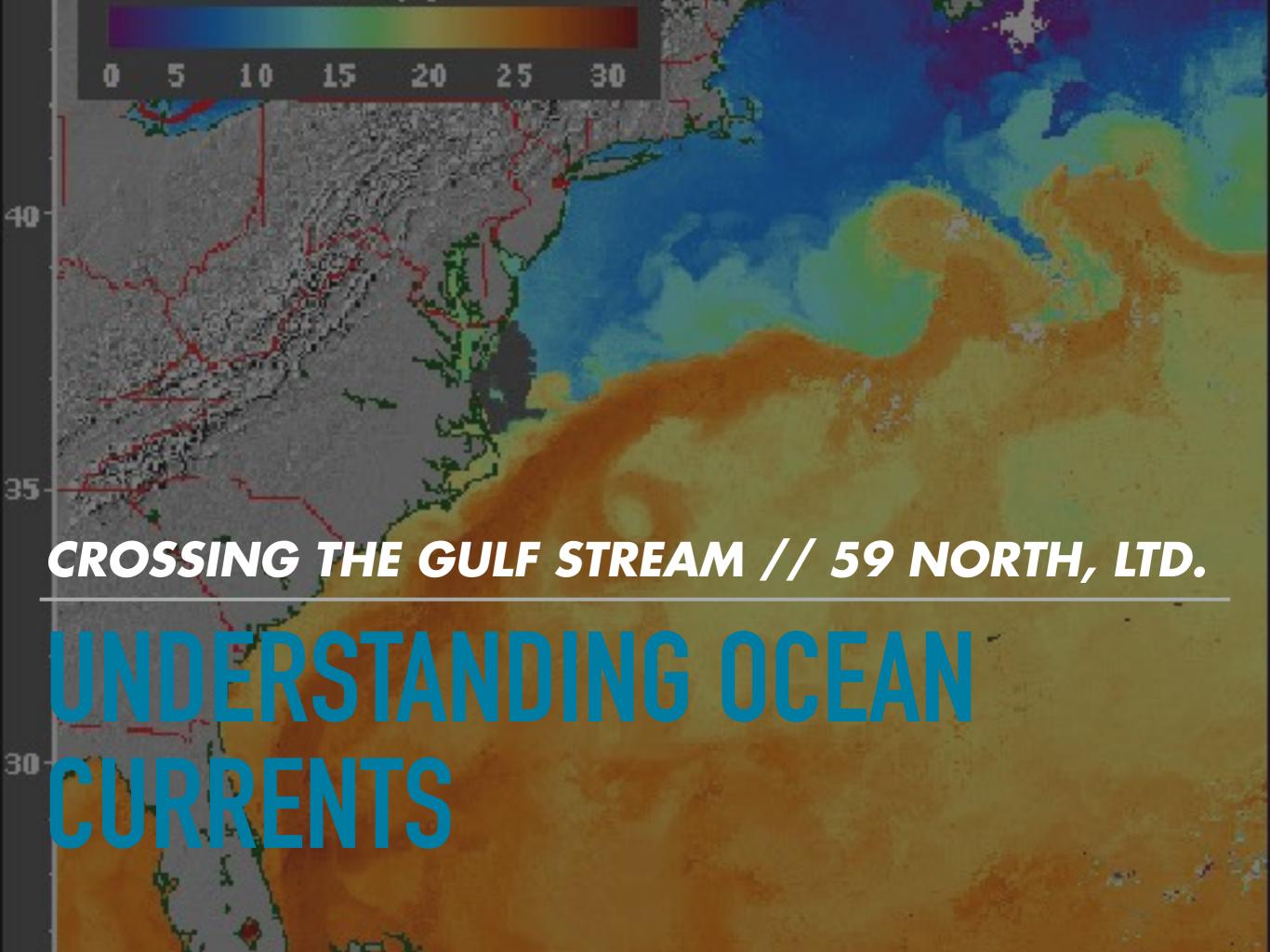


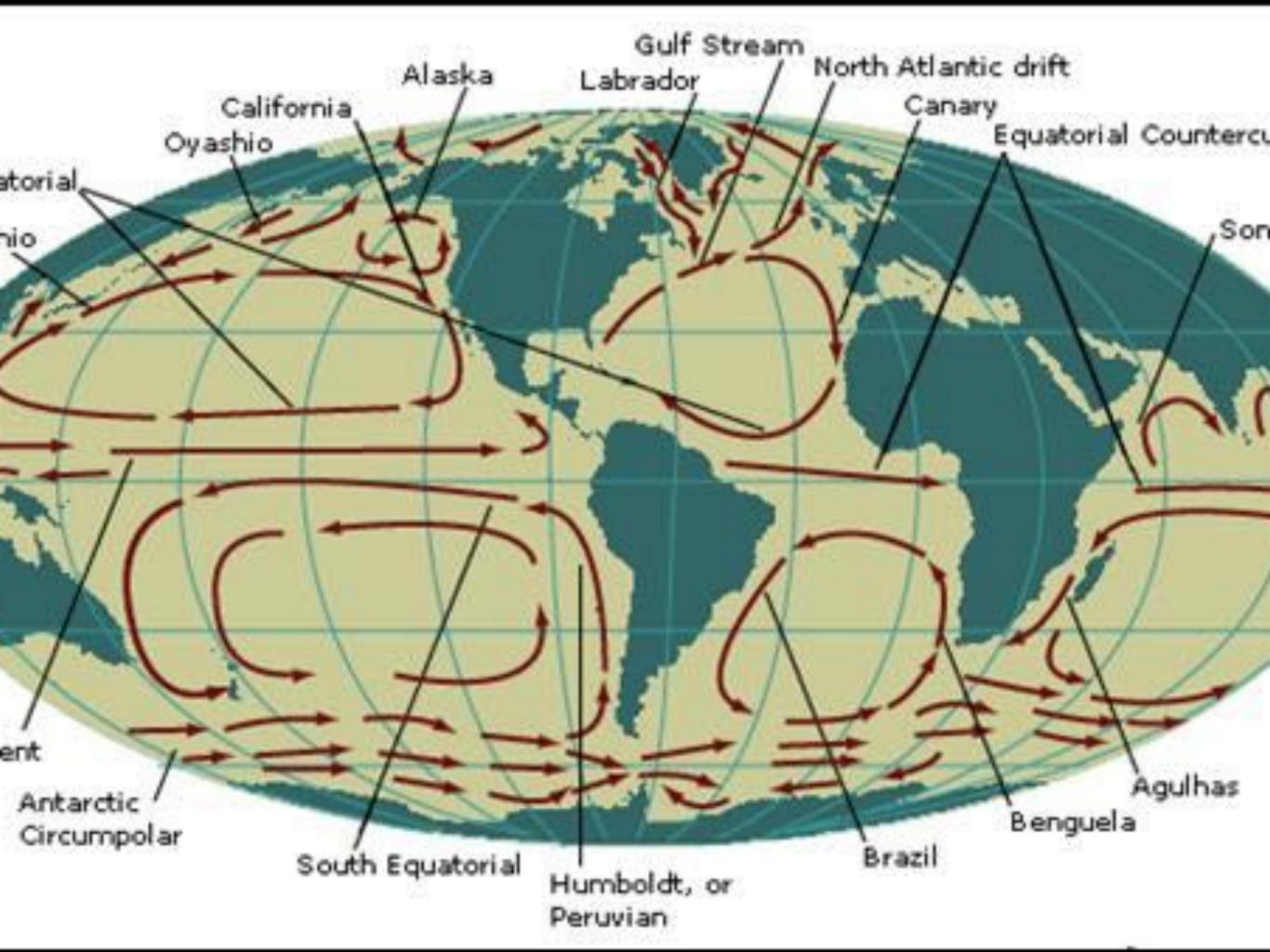




# **COASTWISE // ICW**

- Take it easy & slow enjoy the ride!
- Bring lots of podcasts / audiobooks!
- No reason NOT to make small offshore hops in nice weather if you time the weather windows right.
- If you go near-coastal, you'll ride INSIDE the Gulf Stream
- In Florida, the GS runs VERY close to shore, especially further south
- Farther south you get into Florida, the easier the GS crossing is

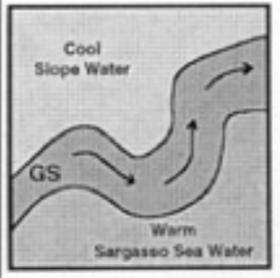




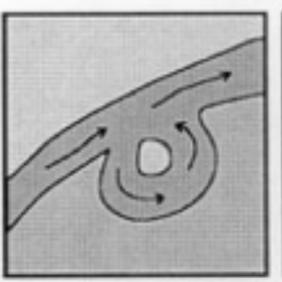
# FEATURES OF THE G.S.

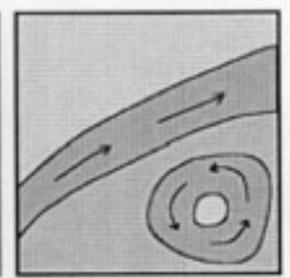
- Warm water
- Speed of Flow
- NW v. SE Walls
- Meanders and Eddies
- Weather Patterns
- Sea Conditions





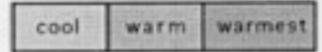


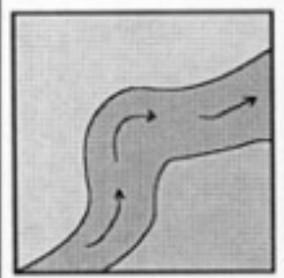




Cold Core Ring Formation

Temperature





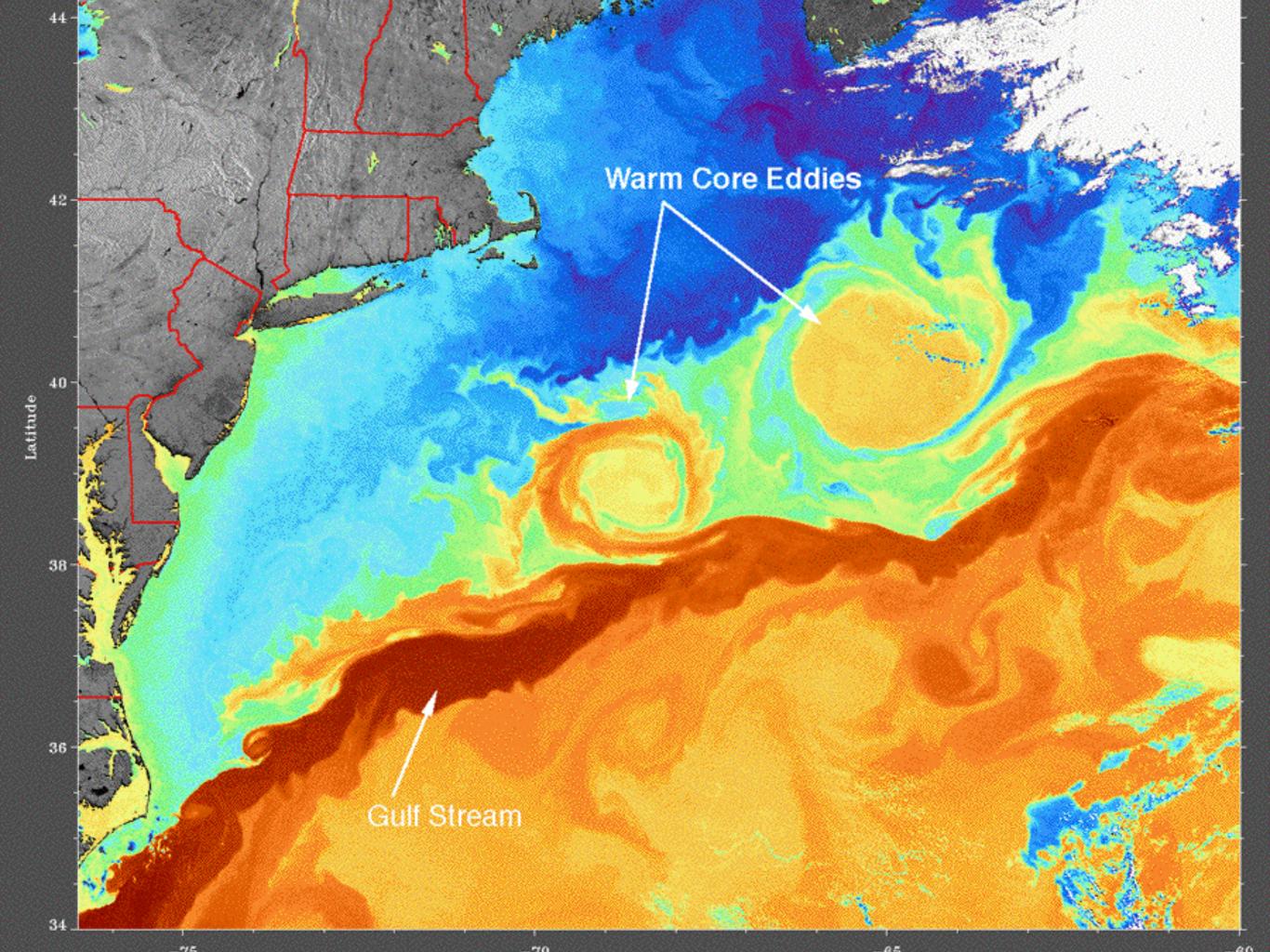


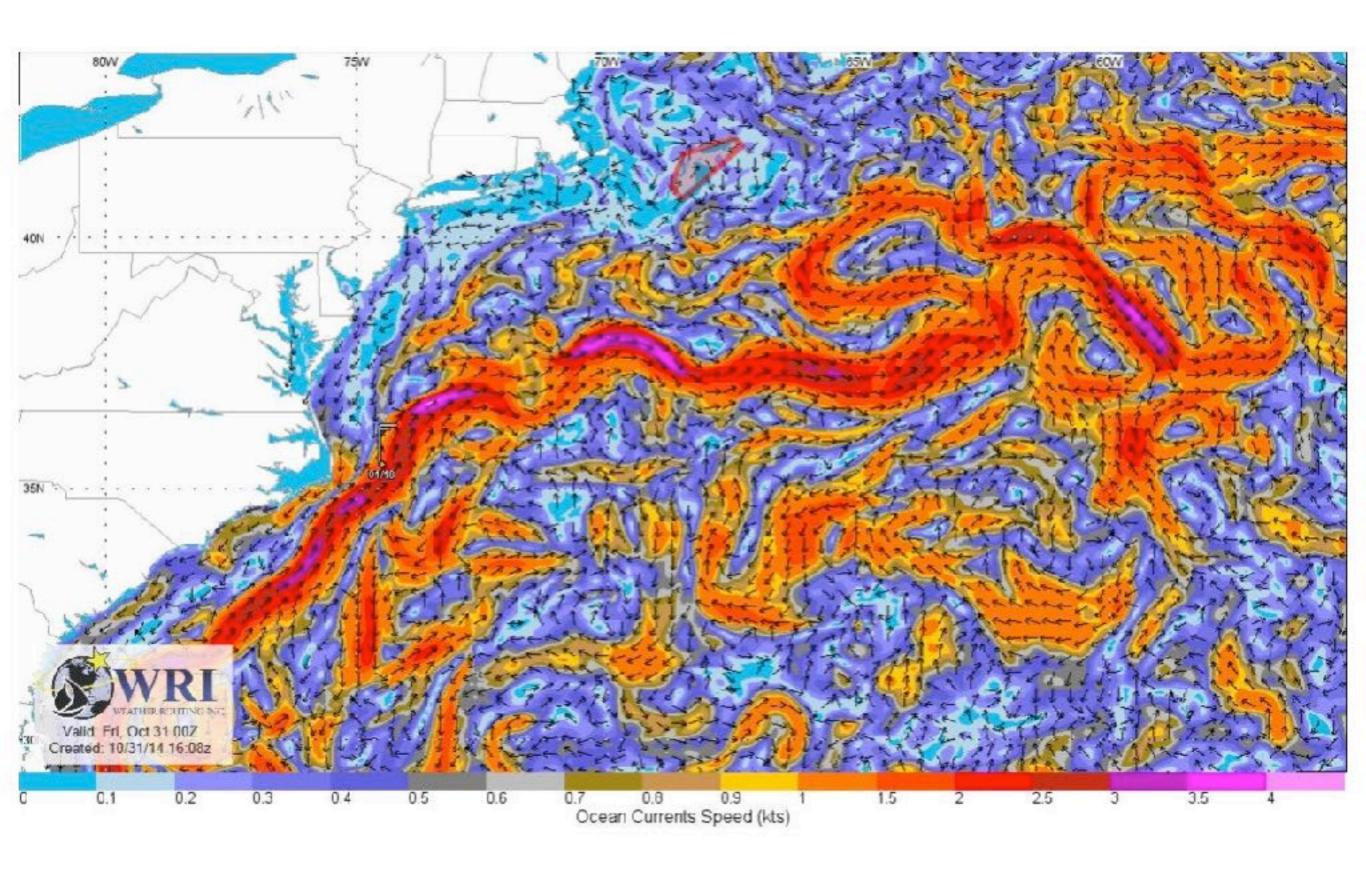




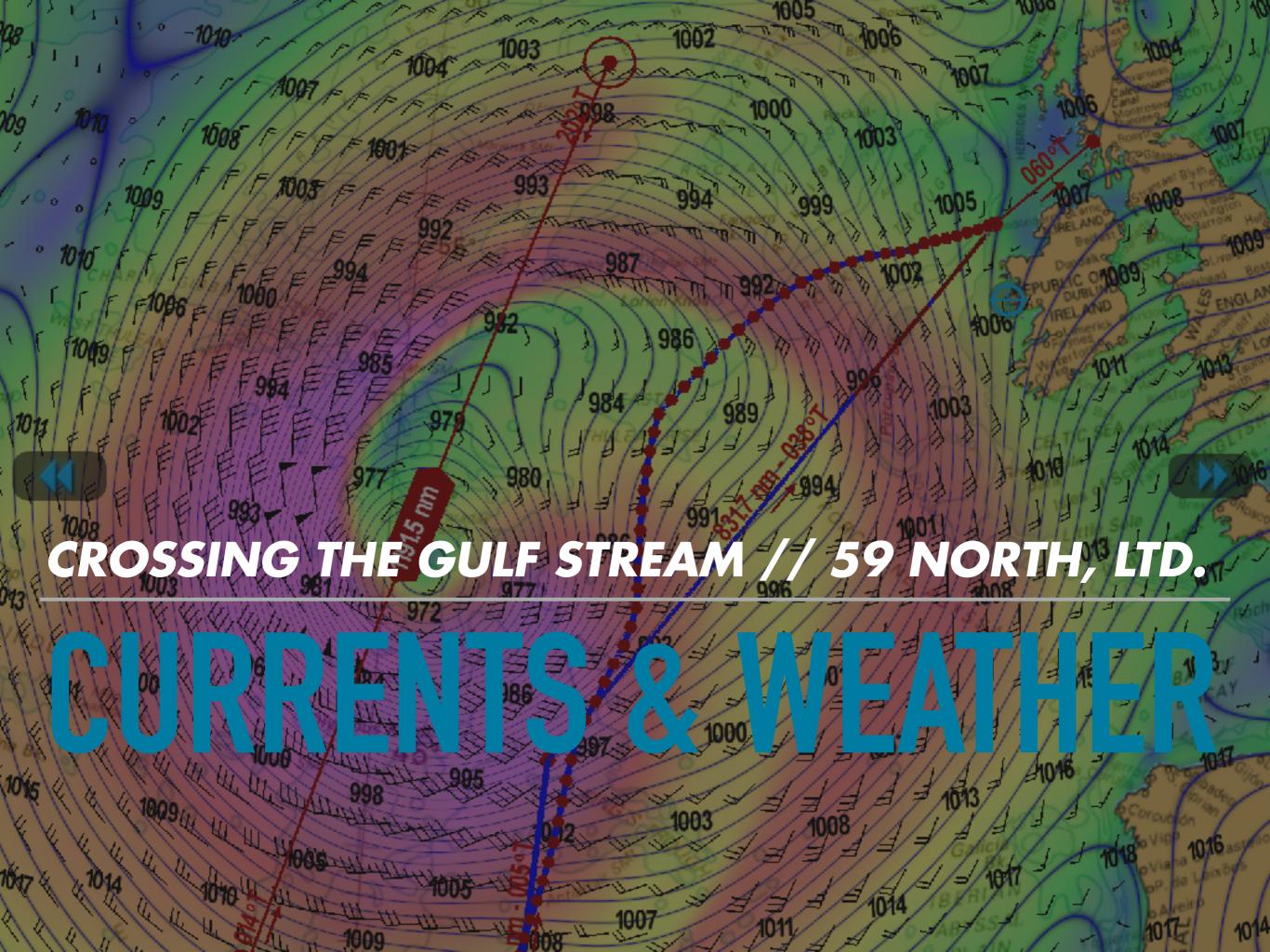
Warm Core Ring Formation

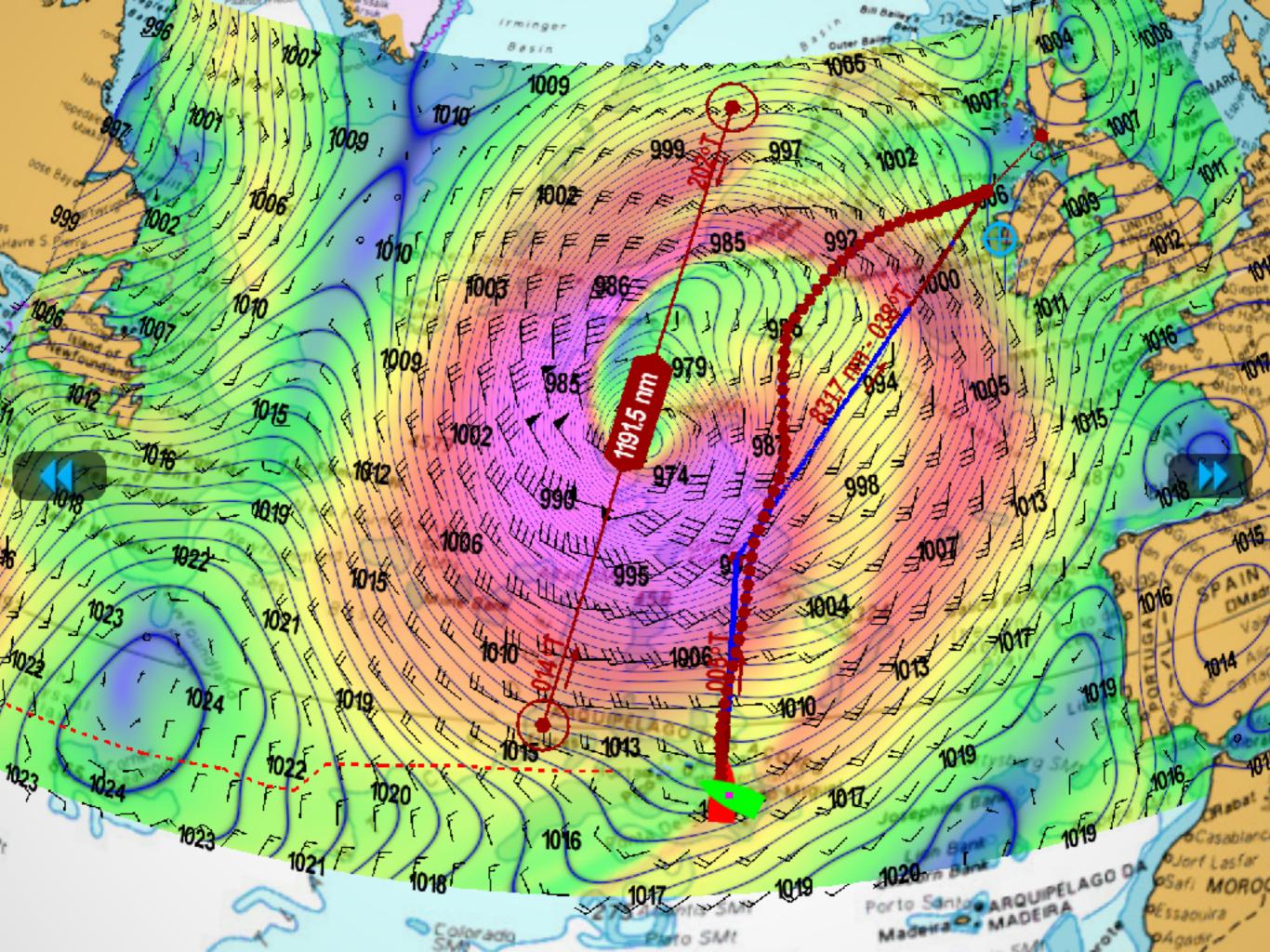
Time ----







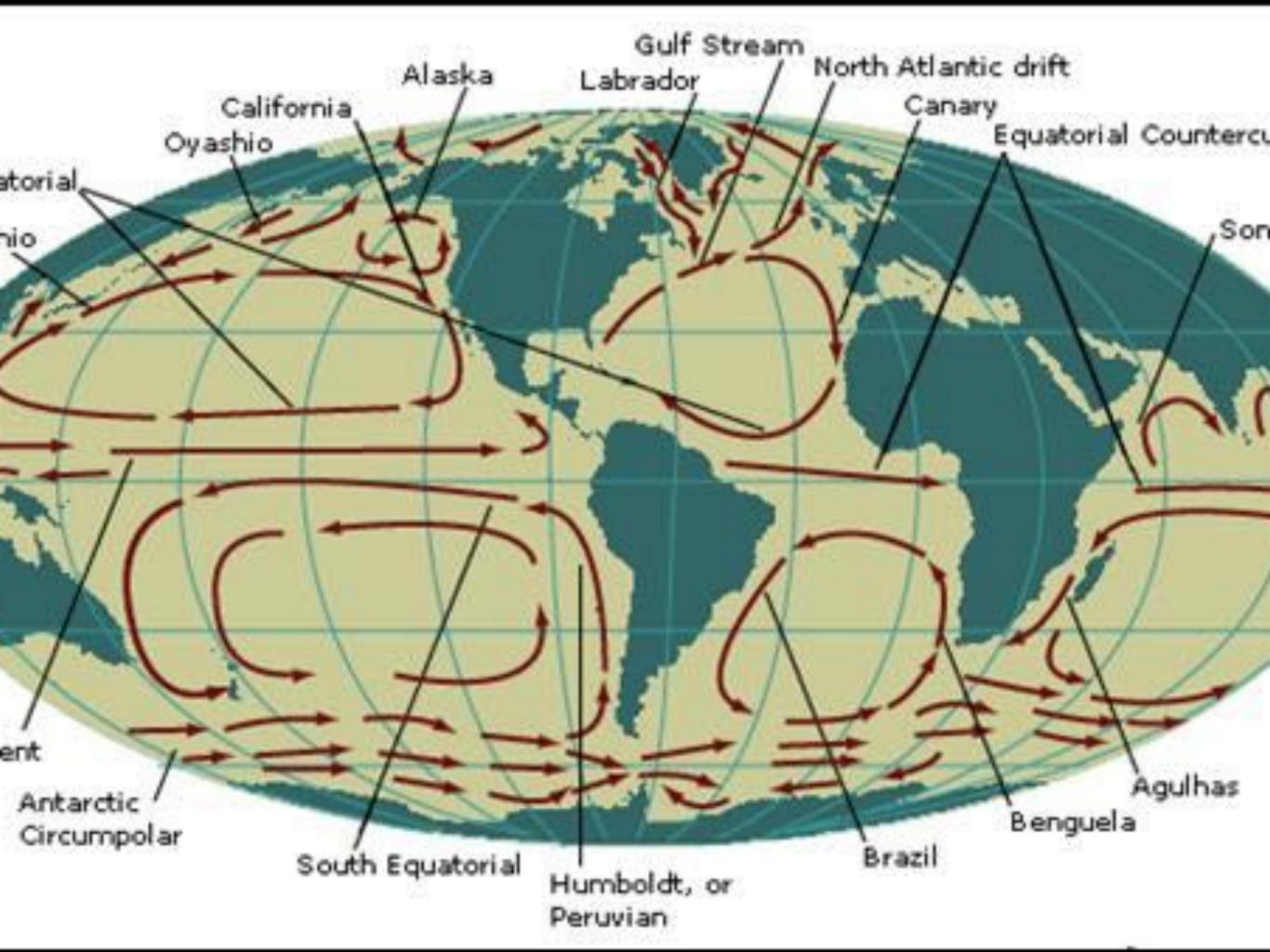




## THE OSTAR GALE: WRI ANALYSIS

This storm had originated within the expected gale track for this time of year, originating back on the 06th and strengthening as it progressed ENE'ward to just south of Labrador to where it is currently (At approximately 55N/20W). Typically, in early June, the gale/track is at a weaker phase, and are smaller in size, though this system in particular has been an outlier, evolving quickly and strengthening quickly as it progressed ENE'ward. A gale is defined as a system with winds that exceed beaufort force 8, and this system has proved to do so producing even storm force winds at times as you've indicated. A system of this strength only occurs less then 10% of the time.

Another concept to note is that due to the higher than normal concentration of ice bergs, more significant melting has led to sea surface temperature southeast of the Canadian Maritimes MUCH COLDER then normal. This, in conjunction with the changing of the seasons leading to WARMER sea surface temperatures further south, helps drive the genesis of gales. When this difference it is much GREATER, developing systems have the potential to strengthen more dramatically then normal.























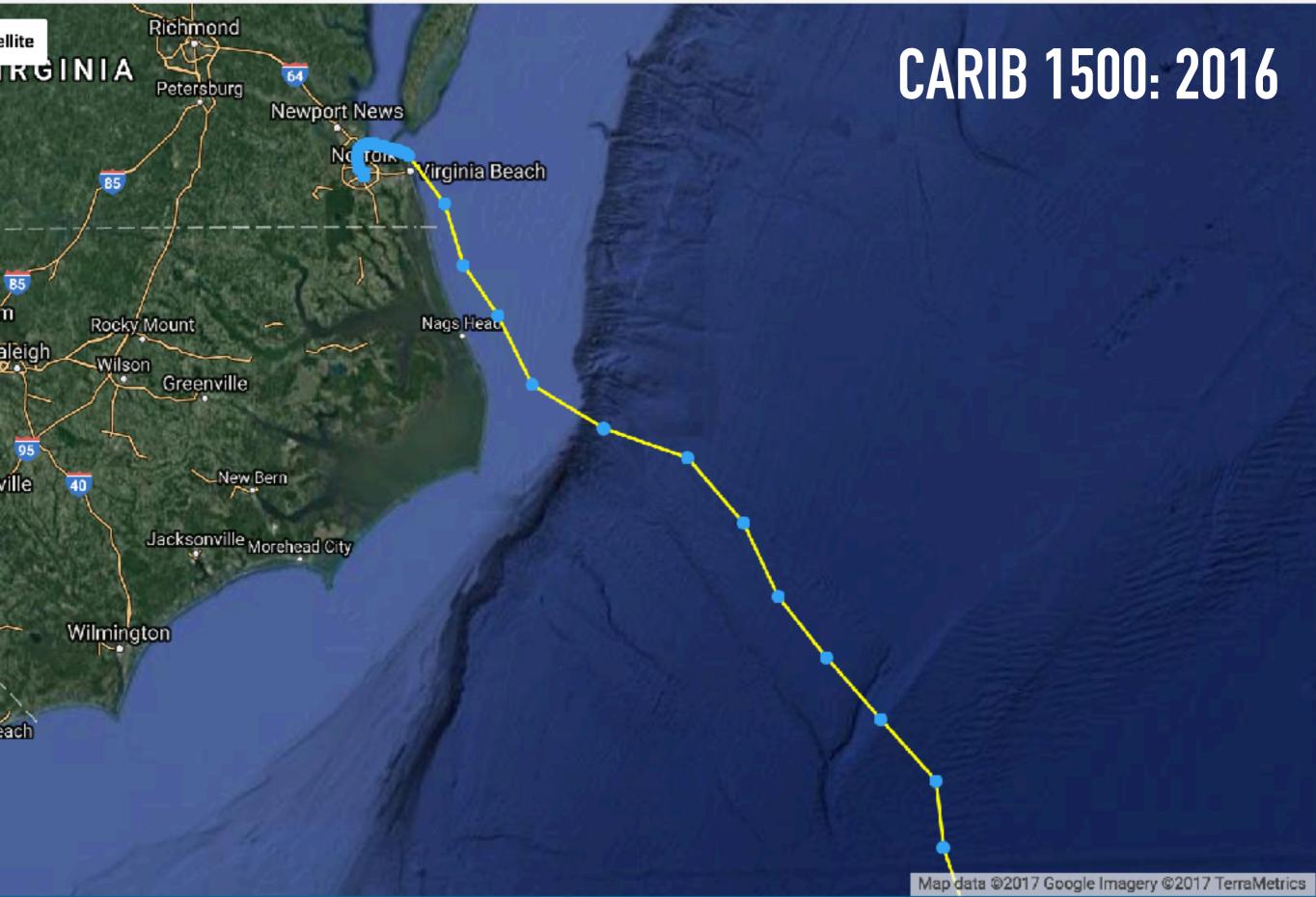




























CROSSING THE GULF STREAM // 59 NORTH, LTD.

# THE MOVING SIDEWALK...



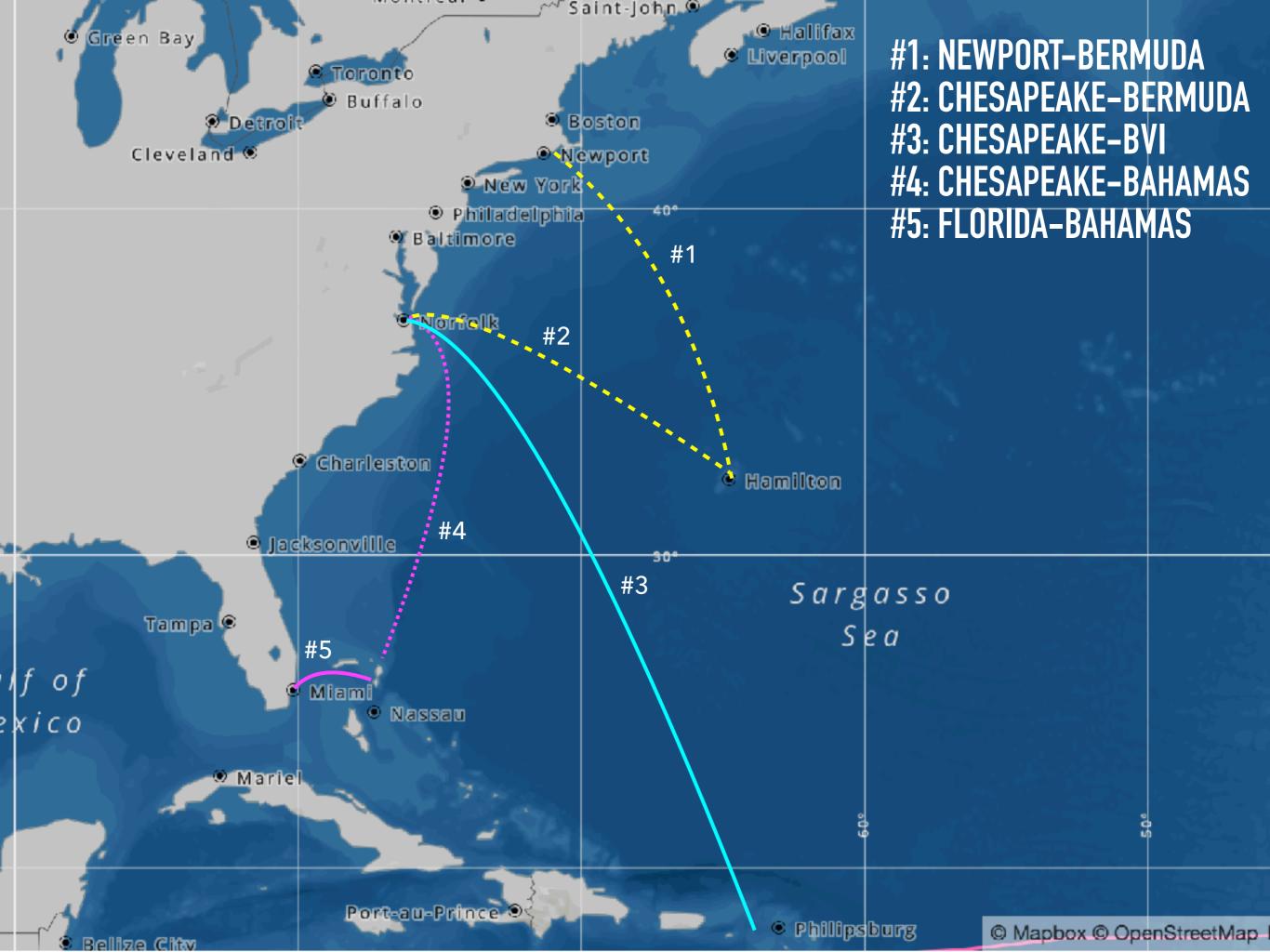


# **SEASICKNESS**

- The Gulf Stream WILL get bumpy be mentally prepared for it, and allow yourself to adapt.
- The boat CAN handle it
- ▶ Go easy on CAFFEINE, ALCOHOL
- Drink LOTS of water
- Okay not to eat for a few days listen to your body

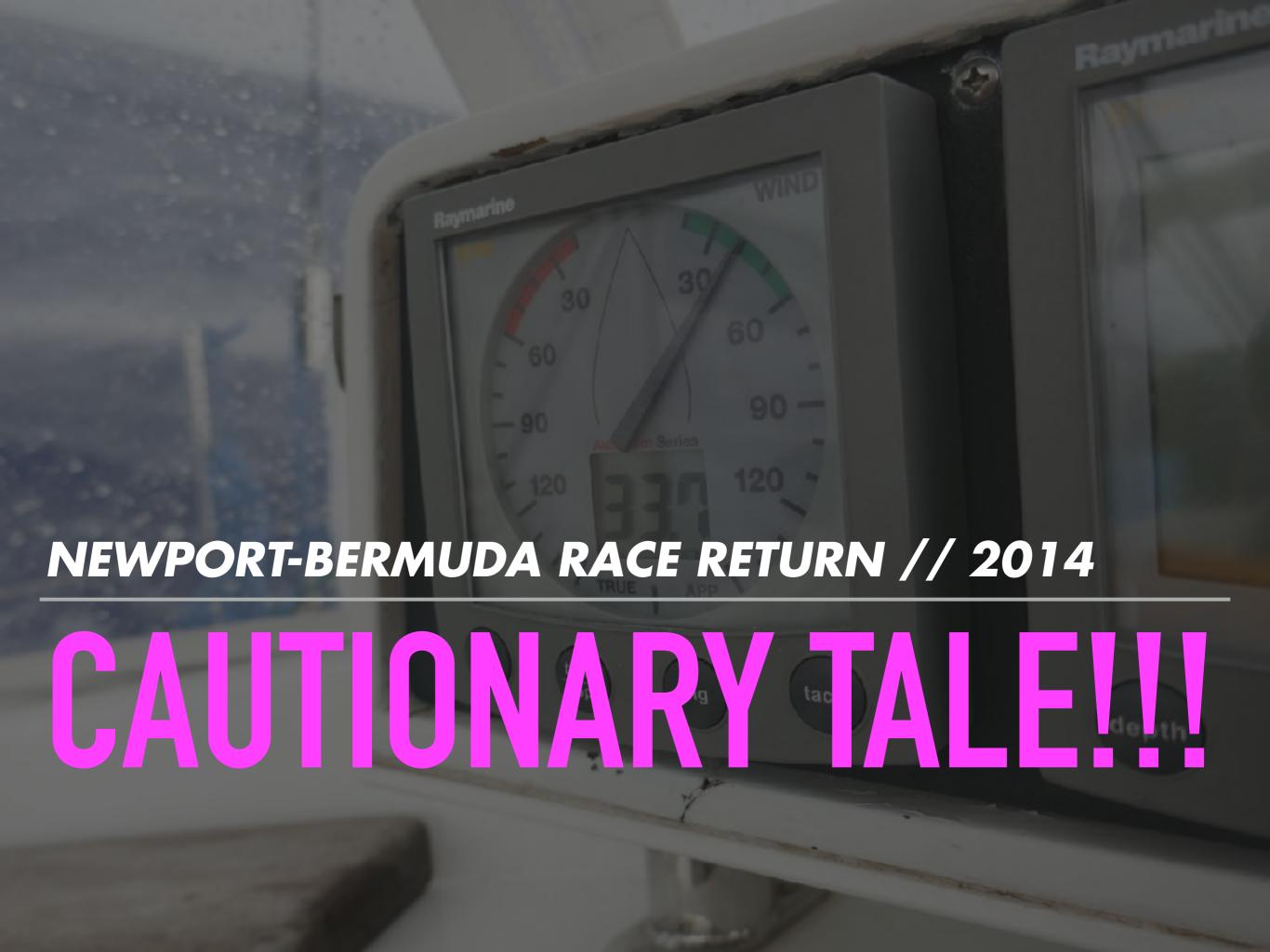


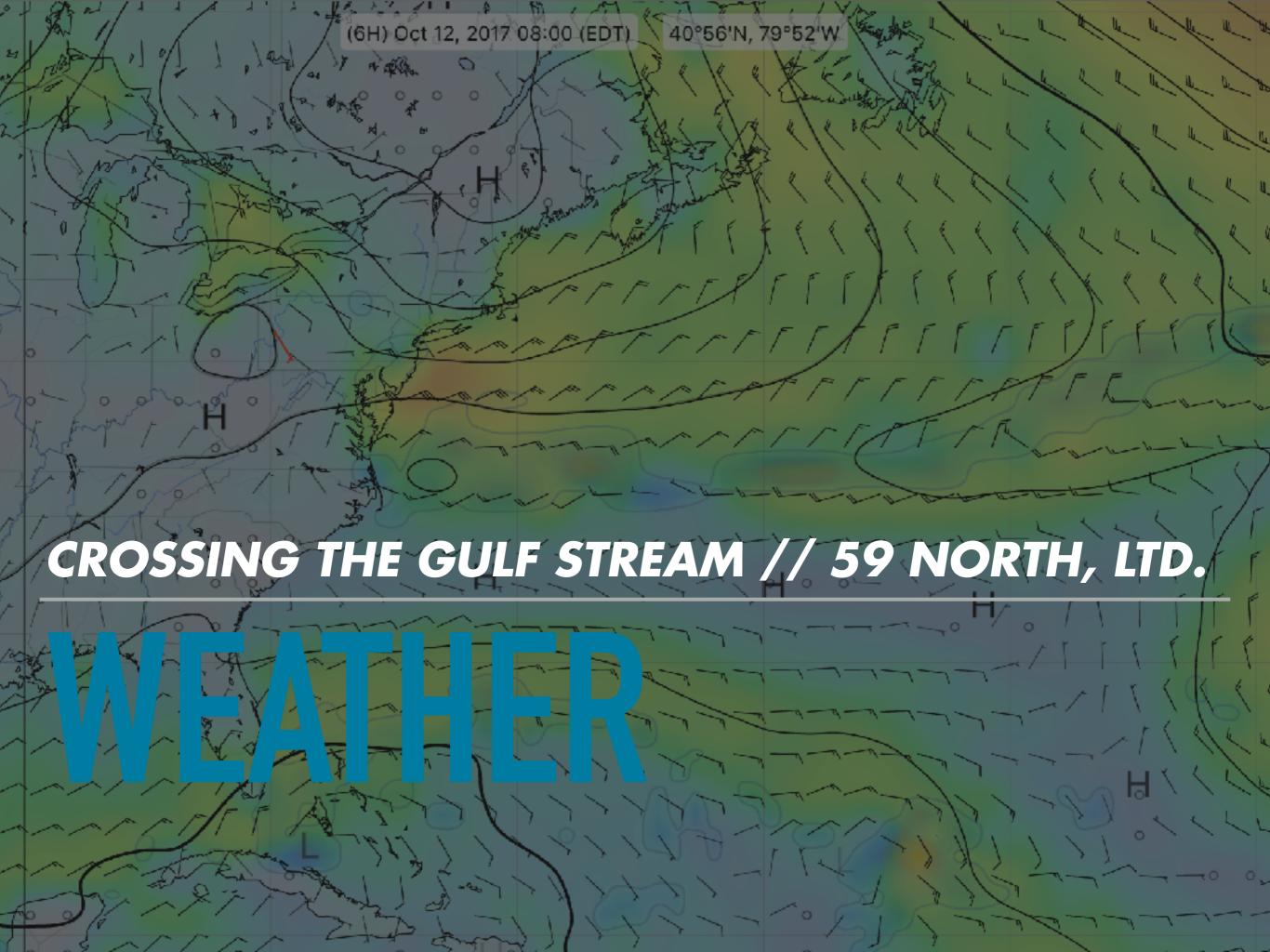




## WHICH ROUTE?

- Newport-Bermuda: Early Summer (Race is mid-June watch out on the return passage!)
- 2. Chesapeake-Bermuda: Summer
- 3. Chesapeake-BVI: Fall/Winter
- 4. Chesapeake-Bahamas: Fall/Winter
- 5. S. Florida-Bahamas: Fall/Winter/Spring
- Any other route ideas?





## **WEATHER**

- Weather will dictate the kind of crossing you have
- If you miss a window, or analyze it wrong, the stakes are MUCH higher
- How seriously you need to take the weather depends on where you're going...
- Weather ROUTING v.
  Weather FORECASTING



# **WEATHER EFFECTS**

- FALL: instability & changing seasons creates even greater volatility in the GS
- SUMMER: risk for early-season hurricanes
- SPRING: Similar to the fall,COLDER coming home
- NEWPORT/BERMUDA: Harder to time departure b/c GS is farther offshore





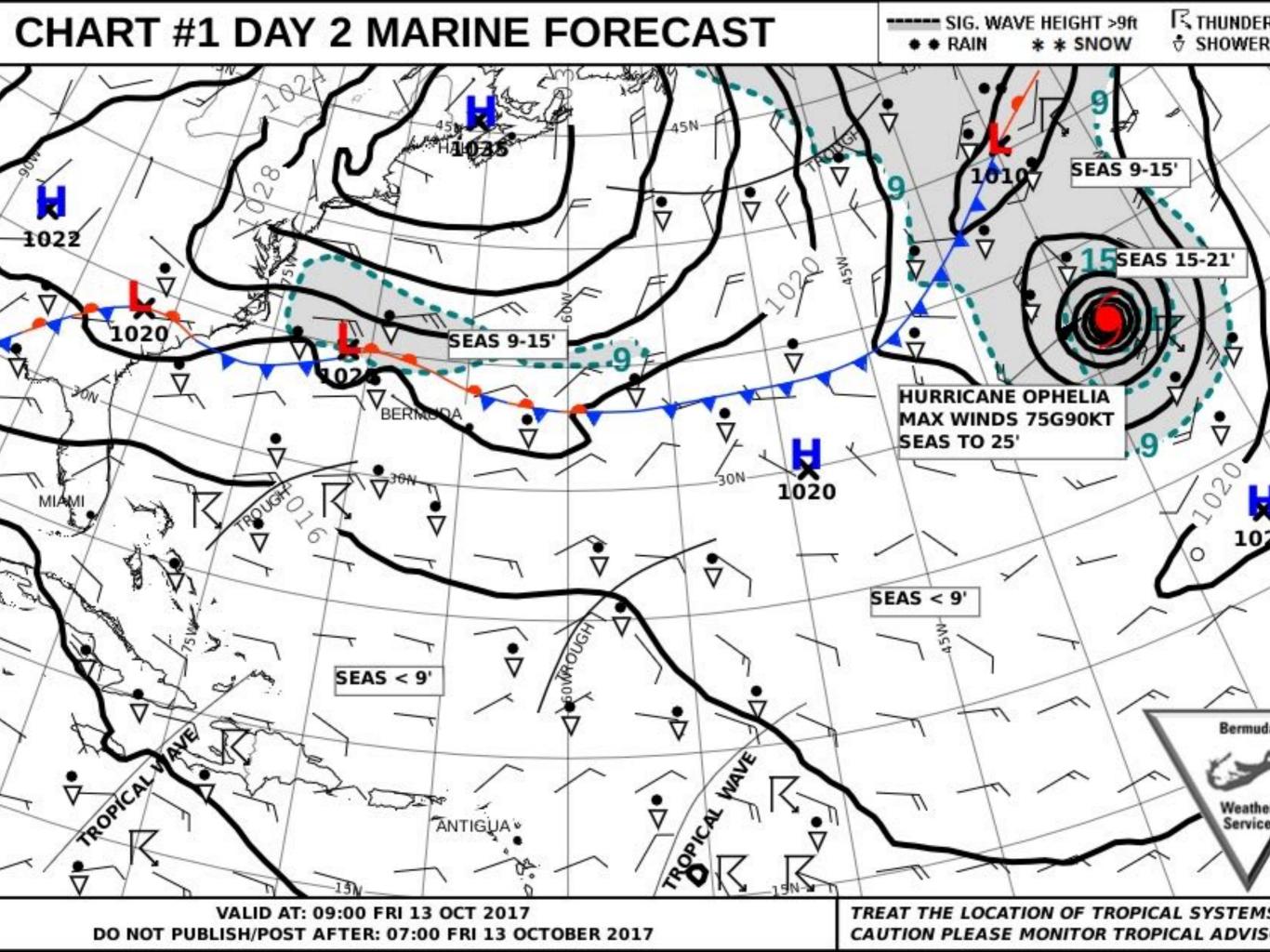
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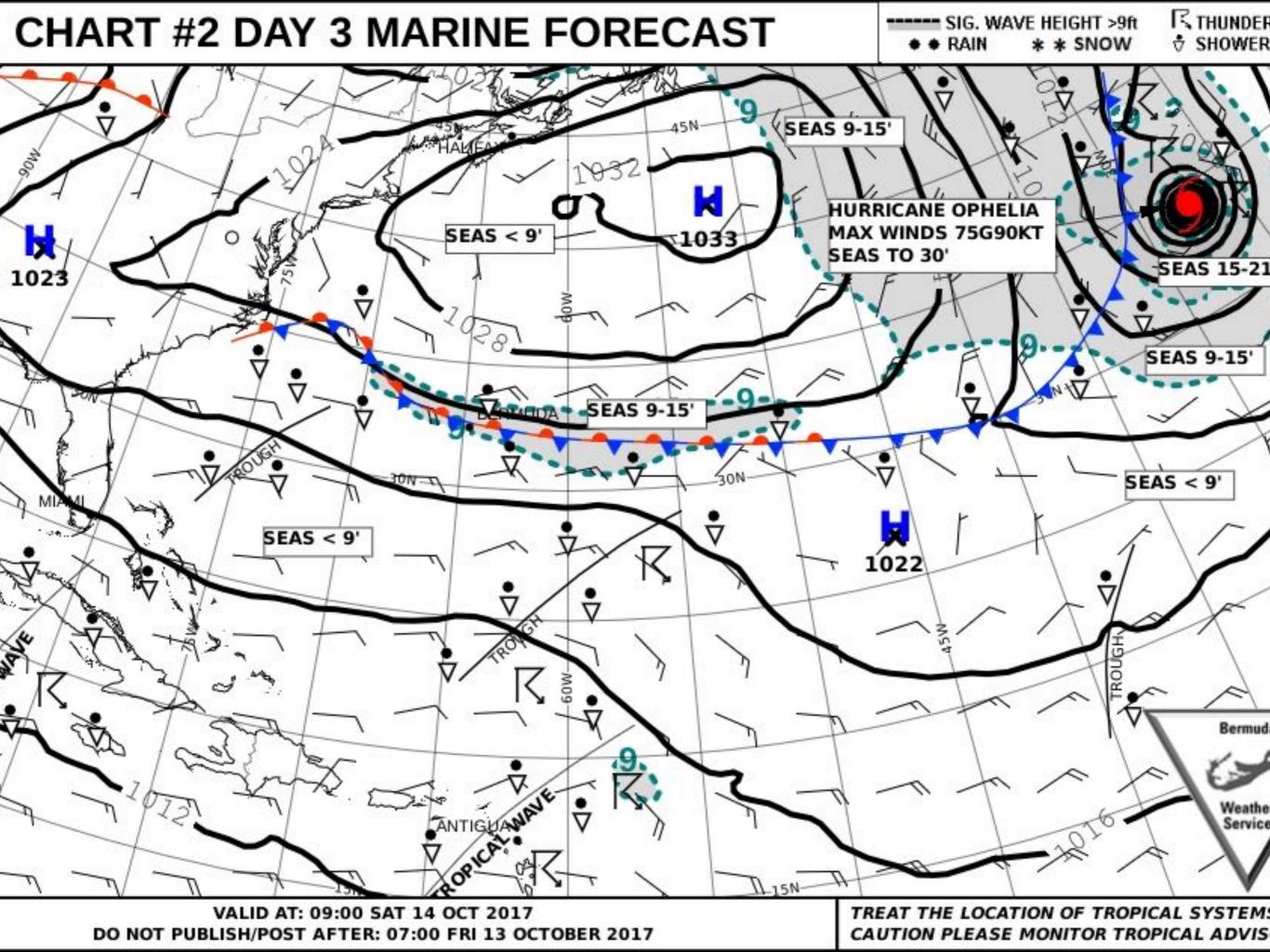
# IDEAL PATTERNS

#### **IDEAL WEATHER PATTERNS**

- Wind WITH current sounds logical...sometimes it's not.
- Depart IMMEDIATELY following a cold front in the fall from the NE
- In Florida, cold fronts are weaker & shorter passage distance means you can sneak out on a tighter window
- Consider the source when looking at forums/cruising radio nets - what do they know that you don't?!







#### **K** THUNDER **CHART #3 DAY 4 MARINE FORECAST** ----- SIG. WAVE HEIGHT >9ft **♦ SHOWER** \* \* SNOW RAIN SEAS 15-NO SEAS 9-15' 1032 1022 SEAS < 9' BERMUDA SEAS 9-15 SEAS < 9' Bermud Weathe AL WAVE ANTIGUA -15N VALID AT: 09:00 SUN 15 OCT 2017 TREAT THE LOCATION OF TROPICAL SYSTEMS

**CAUTION PLEASE MONITOR TROPICAL ADVIS** 

DO NOT PUBLISH/POST AFTER: 07:00 FRI 13 OCTOBER 2017

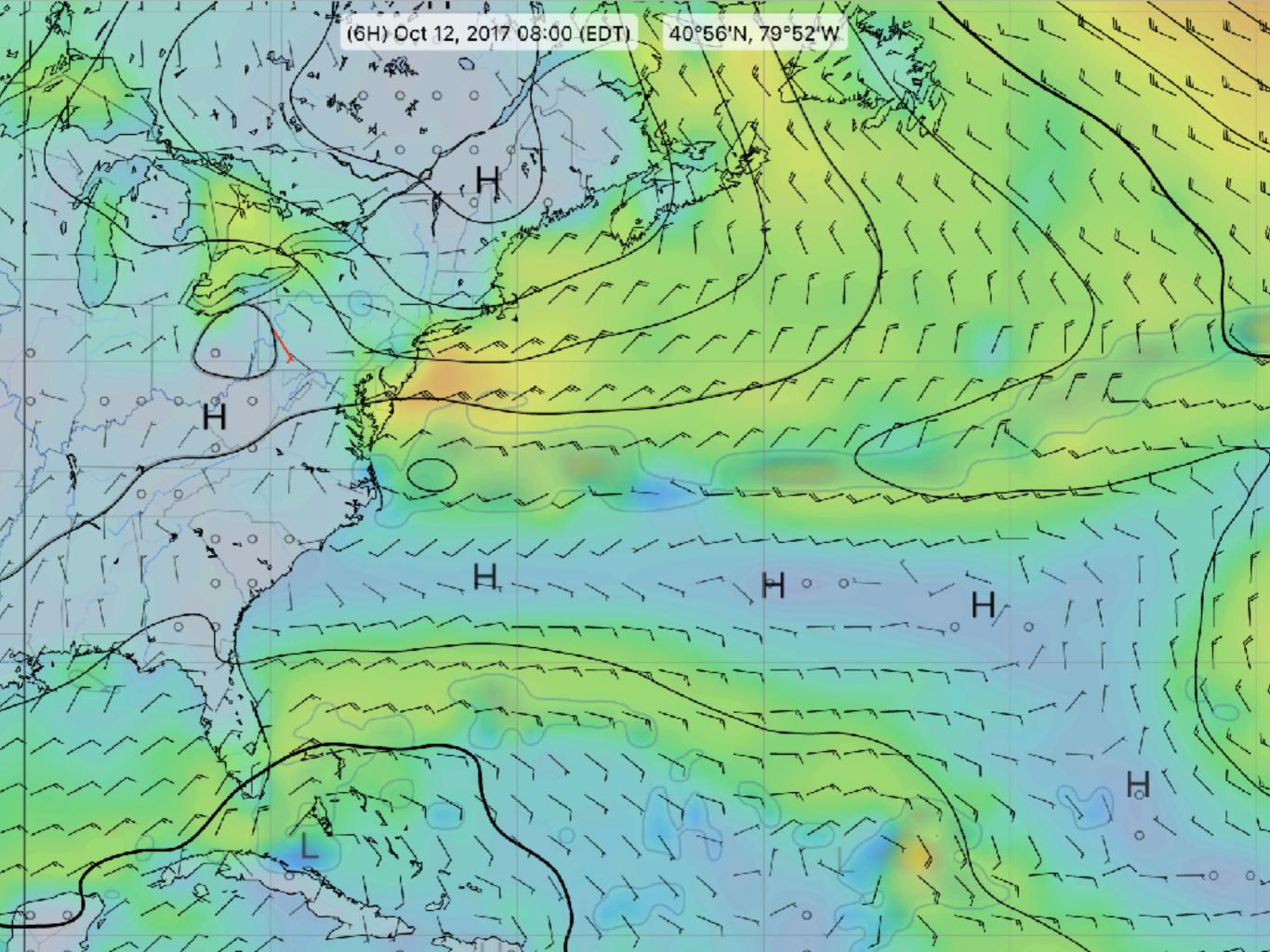
# IS THUNDER **CHART #4 DAY 5 MARINE FORECAST** ----- SIG. WAVE HEIGHT >9ft SHOWER \* \* SNOW RAIN V2024 SEAS 9 SEAS < 9' 1032 300 BERMUDA **♥** SEAS < 9' Bermud Weathe Service VALID AT: 09:00 MON 16 OCT 2017 TREAT THE LOCATION OF TROPICAL SYSTEMS

**CAUTION PLEASE MONITOR TROPICAL ADVIS** 

DO NOT PUBLISH/POST AFTER: 07:00 FRI 13 OCTOBER 2017

### LUCKGRIB // WEATHER 4D 2.0

# GRIB FORECASTS



CROSSING THE GULF STREAM // 59 NORTH, LTD.

# LUCKGRIB (POPOUT)



#### **KEY TAKEAWAYS**

- Understanding weather takes practice start NOW
- Limitations of GRIB files RAW weather data
- GRIB v. Synoptic Chart
- Not all GRIB viewers are created equally
- Focus on big picture FIRST identify patterns
- Get comfortable with text forecasts
- Weather, more than ANY other factor, will make or break your GS crossing

## **RESOURCES**

- LuckGrib (Apple)
- ▶ iPad tools: Weather 4D 2.0
- Weather Routing // WRI Inc.
- weather.bm synoptic charts
- NOAA Ocean Prediction Center / NHS opc.ncep.noaa.gov nhc.noaa.gov
- Attainable Adventure Cruising morganscloud.com



### **OVERALL TAKEAWAYS**

- ▶ The Gulf Stream is NOT as big a deal as people make it...
- ...But it CAN be if you miss your window!
- You probably WILL get seasick you DEFINITELY will adapt
- Establish realistic expectations for you & crew
- Routes depend on season, boat & crew
- Learn to read & interpret a VARIETY of weather sources
- Consider the source before taking advice from cruisers
- Get outside your comfort zone & go on an adventure!





# HOW TO FIND US...

- ▶ <u>59-north.com</u>
- Instagram: @59northsailing
- facebook.com/59north



